

CAYMAN ISLANDS REGIONAL MISSION COUNCIL WEEKLY UPDATE

June 27, 2024 VOLUME 9 ISSUE 26

Rooted and Resilient: Re-ignited by the Spirit

Re-Ignited to Deepened Faith - Remaining focused on God

Rev. Otto Menko

Please read Lamentations 3:22-33

"The steadfast love of the Lord never ceases; His mercies never come to an end; they are new every morning; great is your faithfulness."

Lamentations 3:22-33 is like a balm to a throbbing wound, like a healing touch to a weary soul. It reminds us of God's unfailing compassion, even when we are at our lowest points or in our darkest moments.

The human heart and mind tend to dwell on life's problems, challenges, and threats, both personal and communal. This inclination stems from various psychological and emotional factors that help us recognize and address harmful or potentially dangerous issues and experiences. Psychologically, we also exhibit what is known as negativity bias, where negative experiences and emotions have a more significant impact on our mental state than positive ones. This bias makes it easier to focus on problems and difficulties.

Unfortunately, dwelling excessively on problems, challenges, even or sin, can result in a negative spiral that affects our mental, emotional, and spiritual wellbeing. Constant focus on problems and persistent negativity can create a sense of being overwhelmed and anxious, leading to despair and hopelessness. It can also result in complaining, blaming, or feeling like a failure or a disappointment.

The passage from Lamentations 3:22-33 serves as a powerful reminder of God's unwavering love and mercy, offering a counterpoint to the human tendency to dwell on problems. By focusing on the steadfastness of God's compassion and faithfulness, we and our communities can find solace and renewed hope. This biblical passage encourages a shift in perspective, inviting us to acknowledge God's presence and

blessings even amid our struggles. By doing so, we can cultivate a mindset that recognizes issues without being overwhelmed by them, finding strength and peace in the enduring love of God.

Beyond acknowledging and naming the issues we struggle with as individuals and as communities, we can also testify to God's goodness by recognizing and naming the manifold blessings we have received. Counting our blessings and sharing our testimonies of God's goodness creates hope. Each story of grace, each account of God's intervention, becomes a beacon of light, encouraging others to hold fast to their faith in times of personal or communal crisis.

As we continue our journey individually and together, let us seek God's presence, power, and blessings in our lives, communities, and experiences. The more we dwell on God's steadfast love, goodness, and mercy, the more we become inspired and empowered to live with hope and resilience, encourage and uplift others, pursue justice and righteousness, and seek solutions and answers.

JGMC Bids Farewell to Rev. Myers

Mrs. Jennifer Dilbert



On Sunday, 23rd July, the John Gray Memorial Church held a service of appreciation for Rev. Donavan Myers, who had served as their Minister for eight years. The Interim Minister, the Rev. Dr. Yvette Noble-Bloomfield, brought the message. Rev Myers was presented with a gift of a Mother and Child Caymanite sculpture, a

Plaque, cards with messages from the congregation, and a "purse" of cash. A fellowship lunch followed the Service in the Hall.



Deputy Chair of the Elders' Board, Mrs. Debra Humphreys led the Act of Release, on behalf of the Congregation.















Elder, Mrs. Doreen Gordon Chambers, prayed for Rev. Myers and his family.





In Appreciation Rev Donovan Dave Winston Myers September 2016 - May 2024

A true inspiration to all, a pastor, preacher, and teacher Visionary, strategic planner, and effective leader. The John Gray Memorial Church has been blessed by your compassionate ministry, care, and love for eight years.

Thank you!





Deadline: June 17, 2024







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P.O. Box 1700 Grand Cayman KY1-1109 CAYMAN ISLANDS Tel: 1 345 947-1963 Email: rdgs@cicucjci.com or

cirmc.info@gmail.com

Website: www.unitedchurch.ky/