



Family Checkup

Family: Where life begins, and love never ends...

When was your last Family Check-Up?

How often do you go to the doctor for a check-up? Do you wait until your body has a serious pain or abnormality? If you are in denial while reading or could not find an answer, chances are you run or avoid check-ups. Check-ups help us understand what is happening in our bodies and the changes it may be going through.

Now answer this...have you ever thought of having a family check-up? This does not mean planning to meet at the doctor's office as a family, it means to check for the small changes and issues floating around in your family. Checking on these changes and small issues, may provide the opportunity of dealing with them early before the issues grow into serious situations or disagreements.

Within the United Church in Jamaica and the Cayman Islands May and June have been dedicated to ministering to Adult Family Life matters. Families go through many changes, children growing, children moving out, children getting married, additions to the family tree, parents retiring, extended family growing and growing. Sometimes it takes slowing down for a family check-up to truly understand what is happening in the lives of our family members.

Family Check-Up

Do you spend time with your siblings or parents a part from phone calls?

Do you have family dinners outside of birthdays, Christmas, and Easter?

Do you have game nights or movie nights with your family? (Including extended family)

Do you support your family members? Are you physically present for them, outside of mourning?

Can you have a genuine conversation with a non-immediate member of your family for more than 5 minutes?

How are things looking in your family? Maybe its time to gather together and "check-up" on each other. This check-up can apply to all levels of family, biological family, friends (your chosen family), church family, or even your work family.



**CAYMAN ISLANDS
REGIONAL MISSION
COUNCIL**

**WEEKLY
UPDATE!**

June 7, 2018

IN THIS ISSUE



FAMILY CHECK-UP

Sometimes it takes slowing down for a family check-up to truly understand what is happening in the lives of your family members.



LEADERSHIP DEVELOPMENT CONTINUES

The Leadership Development Trainings continue this **Saturday, 9th June from 9am -12 noon** for Unit 8- Discipleship and Stewardship.



LEADERS PREPARE FOR CAMP!

These trainings are important for all leaders who will be participating in Camp (whether full-time or part time).

UPCOMING EVENTS

June 7

Lay Pastors' Exposé – Council Office
from 5:45pm – 6:45pm

June 9

Leadership Development Training #9
(Stewardship/Discipleship) – Council
Office from 9:00am – 12:00pm

June 9

Camp Leaders' Training #2 (Basic First
Aid) – Council Office from 2:00pm –
4:00pm

June 11

New Direction's Men's Ministry Fish
Fry – William Pouchie Memorial
United Church

June 13

Clergy Retreat & Capacity Building –
Cayman Kai

Click [here](#) to view the full CIRMC Calendar

Look Ya Nah!



A Moment with Bethesda:

Don't abandon yourself, don't hate
yourself, love yourself!

Facebook: Cayman Bethesda Counselling Centre

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Cayman Islands Regional Mission Council
Sundays at 7:45am on Radio Cayman

THEME: Family & Adult Ministries

June 10 - Betty Ann Mobley (The
Importance of Prayers in the Family)

June 17 - Elmslie's Men Ministry &
Rev. Christopher Mason (Role of
Fathers in the Family)

What's Happening in CIRMC?

LEADERSHIP DEVELOPMENT TRAINING CONTINUES



The Leadership Development Trainings continue this Saturday, 9th June from 9am -12 noon for Unit 8- Discipleship and Stewardship. The Presenters will be Lay Pastor Ormond Williams and Ms. Amber Bothwell)

The final Unit of the training - on the Sacraments will be held on Saturday, 23rd June 9am -12 noon. Therefore, there will not be a Service on Sunday 10th June as previously planned.

The service will now be held on Sunday June 24, 2018. Once the venue and time are confirmed, congregations will be notified.

YOUTH LEADERS PREPARE FOR CAMP!

Our Camp Leaders are preparing to take Camp Ministry to another level! The group of Youth Leaders met for their first training session to explore the theme for Camp "Mission Possible" and begin to get an idea of the expectations of Leaders at the Camps this year.



These trainings are important for all leaders who will be participating in Camp (whether full-time or part time).

Next Training: Basic First Aid

Saturday, June 9

2:00pm - 4:00pm

Venue: Council Office,

Upcoming Trainings

**All of the following trainings will be held at the Council Office on Prospect Point Rd.*

- Saturday June 16 - Camp Material (Part 2) | 10:00am
- Monday June 18 - UCJCI Child Protection Policy | 6:00pm
- Saturday June 23 - Child Protection (Family Resource Centre) | 2:00pm



UPCOMING CHILD PROTECTION POLICY TRAINING

Monday, June 18 at 6:00pm



Our Council has led a series of trainings for the UCJCI Child Protection Policy. For those who may have been unable to attend any previous trainings there is an opportunity to attend an upcoming on Monday June 18 at 6:00pm at the Council Office.

Please note: All volunteers that assist with any youth programme/activity within the United Church is required to complete this training.

CATCH UP ON WHAT YOU MISSED! PREVIOUS NEWSLETTERS ARE AVAILABLE ON
THE CIRMC WEBSITE!

Or go to www.unitedchurch.org.ky/cirmc-weekly.html

CLICK [HERE](#) TO SEE MORE

SAVE THE DATE!**JUNE 2018!****J
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7****Lay Pastors' Expose**June 7 at 5:45pm
Council Office**Camp Leaders' Training #2**

BASIC FIRST AID

**June 9**

at 2:00pm at the Council Office

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9****J
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11****William Pouchie Memorial
Men's Ministry**SAVANNAH UNITED CHURCH
FUNDRAISING COMMITTEE

PRESENTS:

**SUMMER****KARAOKE
NIGHT!**

SATURDAY, JUNE 23

7:00PM - 10:00PM

VENUE: SUC HALL

COST: \$5

For a great mission cause!

**Come &
Sing Your
Heart
Out!****Food and Drink
on sale ONLY a \$1****JUNE 23**The United Church in Jamaica and the Cayman Islands
Cayman Islands Regional Mission Council**YOUTH
SPLASH**
*United with Differences***2018**Join in on the fun as
we come united in
differences under
one God.Saturday June 30
3:00pm - 6:00pm
153 Manse Rd.
Bodden Town**BRING:**
Change of clothes & Towel
OPTIONAL:
Beach chairs & Umbrella
ENJOY:
FOOD, GAMES & FELLOWSHIP**JUNE 30**